

Lesson 3 ♥ How Much Sugar Is in Your Favorite Drinks? - Answer Sheet



Sample Beverages: Answer Sheet

Beverage	grams of sugar per serving	number of servings per container	grams of sugar per container: column 1 X column 2	tsp of sugar per container: column 3 ÷ by 4
20-fl.-oz. purified water	0	2.5	0.00	0.00
20-fl.-oz. diet cherry-vanilla-flavored soft drink	0	2.5	0.00	0.00
20-fl.-oz. diet cola soft drink	0	2.5	0.00	0.00
20-fl.-oz. caramel-flavored slushy coffee drink	23.2	2.5	58.00	14.5
20-fl.-oz. sports drink	14	2.5	35.00	8.75
20-fl.-oz. lemon ice tea drink	22	2.5	55.00	13.75
20-fl.-oz. lemonade drink	24	2.5	60.00	15.00
19.2-fl.-oz. energy drink	29	2.4	69.60	17.4
20-fl.-oz. mixed fruit-flavored drink	29	2.5	72.50	18.13
20-fl.-oz. lemon-lime-flavored soft drink	31	2.5	77.50	19.38
20-fl.-oz. root beer	31	2.5	77.50	19.38
20-fl.-oz. grape-flavored soft drink	33	2.5	82.50	20.63
20-fl.-oz. cola soft drink	39	2.5	97.50	24.38
20-fl.-oz. orange-flavored soft drink	52	2.5	130.0	32.50